



Swim America is starting our 2020 season of swim lessons at Muskego, Whitnall, and Greenfield High Schools. **New** Starting with 2020, at the conclusion of each two week block of lessons, any swimmer at Station #6 or higher will be given a free evaluation by a lead Coach from SWAT. If the swimmer is technique efficient, opportunities for the competitive team will be made available (a quality team will avoid reinforcing poor techniques).

Our swim lessons are geared toward both beginner and more experienced swimmers. Even competitive swimmers routinely use our upper level stations for stroke refinement. Our program is unique to other swim lesson programs in that we are:

★ "Goal Driven"

We have a well-defined set of advancement goals for each of the ten stations. This way we are able to breakdown the learn-to-swim progression into phases.

***** "Confidence Building"

Swimmers are able to "graduate" to the next level at any point during the session, which creates a sense of accomplishment as they move from station to station. Typically, children move up two to three levels in ONE session!

★ "Technique Oriented"

We are very concerned with teaching proper stroke mechanics. Proper technique is often overlooked in beginners much to the detriment of the swimmer. Correcting errors is a much more difficult process later in the developmental progression. Our coaches emphasize correct technique from the first lesson.

★ "Individualized Instruction"

Unlike conventional swim lessons, Swim America averages 4-6 swimmers per coach. This gives the swimmer individualized instruction that allows the child to progress at his or her own pace throughout the session.

★ "Experienced Coaches"

Our swim lessons are conducted by a highly trained group of elite competitive swimmers who, not only are professional lifeguards, but are also certified by the American Swimming Coaches Association. Their experience and commitment to the sport of swimming gives our swim lessons a distinct advantage over conventional lesson programs.

Our 30-minute lesson includes approximately 26-28 minutes of instruction, followed by 2-4 minutes of supervised free time

LOCATIONs: Muskego High W183 S8750 Racine Ave. Greenfield High 4800 S. 60th St. Whitnall High 5000 S. 116th St Greenfield Three ways to register: 1. Through the mail, 2. On line, or 3. On site

REGISTRATION:		
Mail	On Line at	On-site registrations
Please send registrations to:	www.swimswat.org	Muskego High School (Pool Area)
Swim America		Thursday February 13 5:45 to 6;45 pm
P.O. Box 138		
Muskego, WI 53150		Whitnall High School Lower Level
		Thursday March 12 5:45 to 6:45 pm

- Anyone wishing to participate in the same class as another family please send in all completed forms at the same time.
- All registrations are on a first come first serve basis from when they are received!
- Email or phone contact will only be made if you did not get your 1st time slot choice.

ON-SITE REGISTRATION: (There is no guarantee that there will be any available timeslots by the time of on-site registrations) On-site registrations are designed to answer any questions, and accept waivers for any remaining timeslots.

QUESTIONS:

Please email all questions to **swatt@execpc.com**. If you do not have internet access contact Dale @ 262-971-1658. Email is the fastest way to get a response, please use it to ask any questions or to express any concerns you may have. This entire form with registration material can also be found at <u>www.swimswat.org</u>.

Interested in more than swim lessons??? For Information concerning our Competitive Master's Program (ages 18 & up) call Mike Lucchesi, Masters Coach @ 414-202-7592

IF YOU MAIL IN THIS FORM, PLEASE MAKE A COPY FOR YOUR RECORDS

STE	EP #1	FILL I	N TH	E BLAN	NKS W	ITH TH	<u>IE INF</u>	DRMATIO	N REQUE	STED			
LAS	LAST NAME					FIRST NAME AGE				SEX			
1.													
2.													
3. 4.													
All swi								roved by Progra he first day of		le Schrank 262-97	1-1658).		
Signatu	ure of pare	nt/guardia	n							date	-		
Parent/C	Guardian	Name:						Phon	e Number: (_)			
Mailing	Address	•											
U		Street		Ap	ot#			City	State	Zip Code			
Email A	Address _												
		ne cont tact Info			be ma	de if yo	ou did n	ot get you	r first time	e slot choice.			
Name:							Relationship to swimmer:						
)hore N	Jumban	()											
none r	Number:	() _		,									
Any hea	alth prob	lems or o	lisabili	ties	<u>No</u>	Yes (Ple	ease Desc	ribe):					
]	Place a 1. 2	2. or 3 in v	our <u>top thre</u>	e		
STE	P #2	CHOOS	SE TIN	MESLO	Т			imeslots.	_,	····	_		
,	4:45	5:15	5:45	6:15	6:45	7:15			Place & D	ate			
Α							MHS:	FEBRUA	RY 24 – N	IARCH 6			
B							MHS:	MARCH	9 – MAR(CH 20			
Α							WHT:	MARCH	23 – Apri	13			
Α							GFD:	April 27 -	- May 15 (9 Days MW	F)		
STE				ND W.			of same	family)		for 3rd and 4th	swimmer		
	(5FD CO			*				wimmer of s		for		
No of wimmers	Cost Session	Cost Session		In Consideration of the membership of the SWAT Swim Club. I/we hereby, and for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all									
Swimmers	MUSK	GFD		aims against the SWAT Swim Club membership, Coaches, Whitnall High School,									
1	\$139	\$129	Mus	Muskego High School, Greenfield High School and staff for injuries and/or expenses incurred by me/us while the SWAT Swim Club is in session. In the event of an									
2	\$278	\$258	emer	emergency requiring medical attention, the Directors of the SWAT Swim Club or their agents are authorized to act for me according to their best judgment. To the best of my									
3	\$348	\$323	-	knowledge, the information provided on this registration is accurate and correct.									
4	\$418	\$388	Sign	Signature of Parent/Guardian Date									
Make	checks	pavable	to SW	AT. The	ere will be	a 20% pi	rocessing fo	ee for all canc	ellations				
				£		_	-		te Received:				