



WORLD FLAVORS

JANUARY 2018

MONDAY: ITALIAN

(**Chicken Parmesan** served w/Pasta, Caesar Salad, Garlic Breadstick & trip to Nutrition Bar)

TUESDAY: MEXICAN

(**Burrito or Nacho Bar** –choice of beef or chicken- served w/Shredded Lettuce, Jalapenos, Pico Di Gallo, Sour Cream, Mexican Rice, Refried Beans & trip to Nutrition Bar)

WEDNESDAY: MEDITERRANEAN

(**Gyros ~ Chicken or Pork ~** served on warm Pita Bread w/Tomatoes, Onions, Tzatziki, Greek Fries & trip to Nutrition Bar)

THURSDAY: MEXICAN

(**Burrito or Nacho Bar** –choice of beef or chicken- served w/Shredded Lettuce, Jalapenos, Pico Di Gallo, Sour Cream, Mexican Rice, Refried Beans & trip to Nutrition Bar)

FRIDAY: AMERICANA

(**Mac & Cheese Bar** served with an of Assortment of Toppings, ½ a Grilled Cheese Sandwich & trip to Nutrition Bar)

*this WF menu is available only at the High School